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| **Name**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Project title\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Student comments:** | **Where are you?**  **☹ ☺**  **🡪** |
| **PLANNING**  A. 1 I found a project that could sustain my interest through the end of the semester. | Write a few sentences about the intrigue of your project. |  |
| A. 2 I chose something that could be performed @ forum. | Cite the voicing, instrumentation, and/or specific people you have in mind for the performance. |  |
| **CREATIVITY**  B.1 What stimulates my creativity? | Do I listen to music? Do I improvise at the piano? Do I give my brain/music periods of rest? What inspires me (or not)? |  |
| B.2 FLOW is the state where creativity happens naturally. | Describe any work experiences when time seems irrelevant and you’re completely immersed in the project. |  |
| B.3 Where do I do my best work? | …at the computer or at the piano? Describe. |  |
| B.4 When do I do my best work? | …late at night or early in the morning? Describe. |  |
| B.5 OBSTACLES impede FLOW | Have you ever been “stuck” and unable to move forward on a project? If so, please describe tactics you used to get “unstuck.” |  |
| **TIME MANAGEMENT**  C.1 I am an independent worker. | What time management strategies help you to stay with a project even when the work becomes a chore? |  |
| C.2 I need help managing a project of this magnitude. | If you need help with time management, please describe some of your frustrations. |  |